

I SPY: Thirdhand Smoke

Parent Activity

Overview

Parents will analyze pictures to identify where thirdhand smoke could be found.

Head Start Parent and Family Engagement (PFE) Outcomes:

- #1 Family Well-being
- #2 Positive Parent-Child Relationships
- #3 Families as Lifelong Educators
- #4 Families as Learners
- #6 Family Connections to Peers and Community

Supplies

Thirdhand Smoke Pictures (appendix A21-A24)
(one copy per every 2 parents)

Before You Begin

Extensions/ Adaptations:

Talk to parents about how they can play I-Spy with their children to help them teach their children colors, numbers, word descriptions. Example: "I spy something blue." "I spy 2 of these." "I spy something round."

Make copies of the Thirdhand Smoke Pictures (appendix). Each pair of parents will be given 1 of the 4 pictures.



Steps

Pre-Activity Discussion: Has anyone heard of thirdhand smoke? Thirdhand smoke is the chemicals left behind on surfaces from smoking or using e-cigarettes. Thirdhand smoke contains over 250 toxic chemicals that can cause serious health problems.

Infants and small children are especially at risk for the negative health effects from thirdhand smoke because they are crawling and playing on the floor and furniture. As they crawl, walk, and play, the toxic chemicals are kicked up and breathed in.

Activity Instructions

1. Have the group watch the video: "Thirdhand Smoke" <https://bit.ly/2sWCf12>
2. Have parents get into groups of 2-3. Determine which parent in each group will go first. Give each group a different picture (the first group will be given picture 1, the second group will get picture 2, etc). Have parents determine who will start the game for their group.
3. One parent chooses an object in their thirdhand smoke picture that would be a place where thirdhand smoke can be found. The player says to their group members: "I spy with my little eye..." and they then give short descriptions of the object such as "I spy with my little eye something that is round" or "I spy with my little eye something you lay on."
4. The other group members take turns guessing objects that match the basic description given.
5. A player wins when the object is guessed correctly. Then it is the next player's turn to say "I spy with my little eye..."
6. Allow parents to play around 3-4 rounds.
7. Have each group show and describe their picture to the full group and identify the different places in the picture where they think thirdhand smoke can be found.

Post-Activity Discussion:

Ask: Have you ever considered thirdhand smoke as an issue for your family? What steps can you take to eliminate thirdhand smoke?







