

Words with “Air”

Children’s Activity

Overview

Children use counting skills while practicing words with “air” in them as they put together simple puzzles.

Themes Met:

- #1 Lungs help us breathe
- #2 Healthy lungs help keep our bodies healthy
- #3 Lungs help us do well in school
- #4 We use lungs to do healthy activities
- #5 Breathing helps us manage our feelings

Supplies

AIR Word Puzzles (appendix A9)

Extensions/ Adaptations:

This could be made into a book. Give children construction paper and have them glue each of their puzzles onto a different color of construction paper. Allow children to design a cover then hole punch each page and tie yarn to bind the book. This reinforces new vocabulary words, counting, and colors.

Before You Begin

Copy AIR Word Puzzles on heavy paper. Cut along the bold black lines to separate the pieces. Paper clip the 3 puzzle pieces together to create a puzzle. You’ll have 5 puzzles per set. You may need to make multiple sets.

Steps

Pre-Activity Discussion: Review that our lungs help us breathe and why it is important to breathe in clean air (helps our bodies be healthy, helps us do well in school, helps us to do healthy activities, and helps calm us down when we take deep breaths). Have children put their hands on the sides of their ribs and take a couple of deep breaths observing what happens to their hands when they breathe in and out. Explain that slow deep breaths get air in our lungs and can also help us calm down if we are upset.

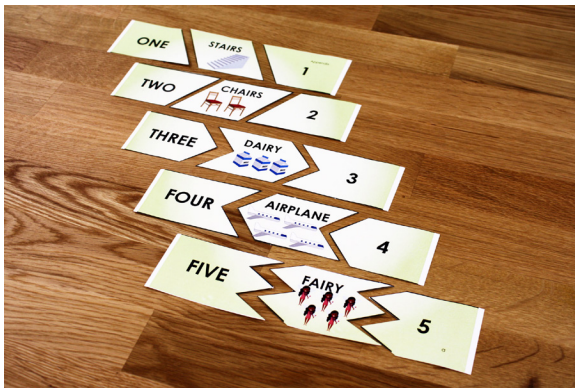
1. Review words that have the “air” sound and have the letters a,i,r in them (chair, fair, hair, stairs, airplane, pair, fairy, dairy).
2. Give each child a puzzle. Have them say the number aloud and count the number of “air” word pictures and then say the “air” word. (Ex: 2 chairs)
3. Rotate puzzles between children so each child puts together each of the 5 puzzles.

Head Start Domains & Goals:

P-PMP 2, 3
P-MATH 1, 2, 3, 5, 10
P-SCI 1
P-LC 6, 7
P-LIT 1, 3
P-SE 3
P-ATL 3, 6, 7, 8, 11

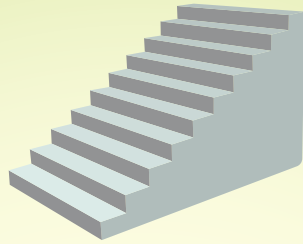
HighScope Curriculum Content:

1, 3, 4, 8, 13, 17, 18, 21, 22, 23, 24, 25, 26, 31, 32, 33, 35, 35, 39, 45, 51



ONE

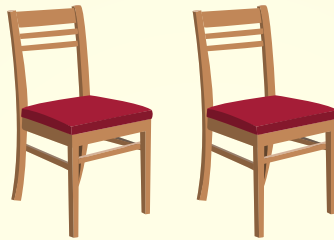
STAIRS



1

TWO

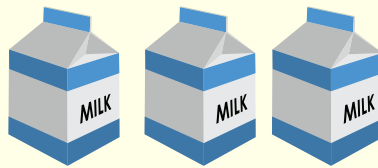
CHAIRS



2

THREE

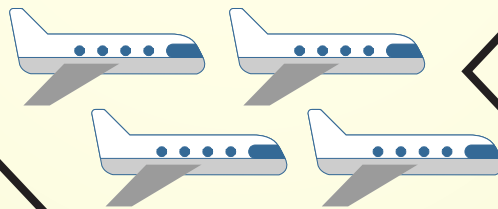
DAIRY



3

FOUR

AIRPLANE



4

FIVE

FAIRY



5