

# Air is Everywhere

## Children's Activity

### Overview

Children will explore the concepts of wind and air through an interactive song combining creative movements with language development.

#### Themes Met:

- #1 Lungs help us breathe
- #3 Lungs help us do well in school
- #6 Breathing clean air is important for good health

### Supplies

Audio recording of wind

View something blowing (leaves in a tree, flag on a pole, etc)

#### Extensions/ Adaptations:

This lesson could be extended to include information about protecting our environment.



# Steps

**Pre-Activity Discussion:** Ask the question “what is air?” Air is all around us in our environment, and we bring it into our bodies every time we breathe. Air is made up of many different things, but oxygen is the part of air that people need to breathe. Having clean air to breathe helps keep us healthy so we feel better and do better in school. Have children take a deep breath in and slowly let it out.

Ask if anyone can see the air. Explain that air is all around us, even though we cannot see it.

Ask what air is called when it is moving (wind). Ask how we can tell if it is windy (we can see blowing leaves or flag or feel it on our face). If it's breezy, have children look out the window to observe what the wind is blowing. If it's not breezy outside, play a recording of wind sounds. Ask children what they hear.

1. Have children stand up. Teach children the following song and the movements that go along with it. Sing the song together as a class making the motions as it is sung.

**“I See the Wind”** (To the tune of “Hush Little Baby”)

I see the wind when the leaves dance by. (Wave hands in front of body)

I see the wind when the clothes wave “hi!” (Wave hello)

I see the wind when the trees bend low. (Put arms over head and bend to the side)

I see the wind when the flags all blow. (Stand up and wave arms above head)

I see the wind when the kites fly high. (Stretch arms up high)

I see the wind when the clouds float by. (Put arms down and wave hands gently)

I see the wind when it blows my hair. (Shake head)

I see the wind ‘most everywhere! (Hold hands out with palms up)

## Head Start Domains & Goals:

P-PMP 1, 2  
P-SCI 1, 2  
P-LC 1, 2  
P-ATL 8, 11, 13

## HighScope Curriculum Content:

1, 2, 3, 6, 16, 18, 21, 22, 23, 41, 42, 43, 45,  
50, 51, 58