

Name: _____ Date: _____

How Marijuana Affects Kids

Secondhand marijuana smoke (smoke from other people smoking marijuana) can have some of the same effects on people who don't smoke it themselves.

Children who are around secondhand marijuana smoke have small amounts of THC (the chemical that makes you high) in their body.

Secondhand marijuana smoke can cause an asthma attack. It can also cause trouble with memory and coordination



 **There are things you can do to keep marijuana smoke away from your child. Put the items below in order from 1 to 5, with 1 being the thing you want to do right away.**

Smoke outside in a place where the smoke cannot reach your child

Make a house rule that no one can smoke around the children (both home and car!)

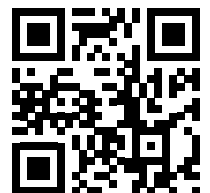
Teach your child to stay away from marijuana smoke – this is good if your child may be around marijuana smoke at someone else's home

Choose to stop smoking marijuana

Talk to your child about how hard it is to quit and talk to them about never starting



Marijuana Use
During Pregnancy



Breathe
Healthy Steps to
Living Tobacco Free



If you're ready to quit, call Quit Now Indiana at
1-800-QUIT-NOW (1-800-784-8669)
or log on to equitnow.com for free, personalized support.