

Name: _____ Date: _____

Myths About Marijuana

MYTH 1: Marijuana is safe because it is natural.

- Being natural doesn't mean something is safe. Many plants in nature are not safe.
- Marijuana has many of the same toxins, irritants, and carcinogens as tobacco smoke.

MYTH 2: Marijuana is safe because many places are making it legal.

- Being legal doesn't mean something is safe.
- Marijuana is legal in many places for people who choose to use it, but it can cause issues in your lungs and respiratory system.

MYTH 3: Marijuana isn't addictive.

- Any drug that changes the way a person's brain functions can be addictive. This includes marijuana.

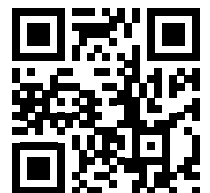
Marijuana can cause:

- Tightening of airways
- Trouble breathing
- Bronchitis
- Higher risk of lung infections
- Faster heartbeat
- Higher blood pressure



What is something you can do to cut back on marijuana in your life? This can be if you use it or someone around you uses it.

Marijuana Use
During Pregnancy



If you're ready to quit, call Quit Now Indiana at
1-800-QUIT-NOW (1-800-784-8669)
or log on to equitnow.com for free, personalized support.