

Message from Tobacco Prevention and Cessation Commission
Director Miranda Spitznagle

“You may only be one person to the world but you may also be the world to one person.” This anonymous quote illustrates for me the impact you can have by living tobacco free. When a child grows up free from witnessing tobacco use in his home or a daughter supports her mother’s efforts to quit smoking, these little endeavors can leave a lasting impact.

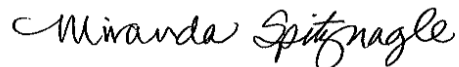
Tobacco Prevention and Cessation Commission’s mission is to significantly improve the health of Hoosiers and to reduce the disease and economic burden that tobacco use places on Hoosiers of ALL ages. A key part of our charge is to decrease exposure to secondhand smoke. Many community-based tobacco prevention partners throughout Indiana have committed to improve the lives in their communities, especially those who are disproportionately affected by tobacco and targeted by tobacco companies.

By working together, we can have a positive impact on the communities we serve.

We are excited about the opportunity to improve the health and well-being of Hoosier children through our new program, “Breathe: Healthy Steps to Living Tobacco Free”. This program aims to equip the staff of community organizations with free resources and the skills needed to help families create safer environments for their children.

I encourage you to work alongside us as we reduce the tobacco burden in Indiana, and help lay the foundation for a tobacco-free future for our children.

Sincerely,

A handwritten signature in cursive script that reads "Miranda Spitznagle".

Miranda Spitznagle, M.P.H.